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# THE ROLE OF MITIGATING AND AGGRAVATING CIRCUMSTANCES IN SENTENCING FOR CRIMES AGAINST MINORS

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## РОЛЬ СМЯГЧАЮЩИХ И ОТЯГЧАЮЩИХ ОБСТОЯТЕЛЬСТВ ПРИ НАЗНАЧЕНИИ НАКАЗАНИЯ ЗА ПРЕСТУПЛЕНИЯ ПРОТИВ НЕСОВЕРШЕННОЛЕТНИХ

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*Abstract.* This article examines the role of mitigating and aggravating circumstances in sentencing for crimes against minors. It explores how these factors influence judicial decisions, ensuring proportionality and fairness in the punishment of offenders. The study highlights common aggravating circumstances, such as the use of violence and exploitation of trust, as well as mitigating factors, including the offender's age, mental state, and voluntary compensation to the victim. A comparative analysis of sentencing practices in different jurisdictions reveals significant variations in the application of these factors. Recommendations are provided to enhance the consistency and effectiveness of individualized sentencing in line with international legal standards.

Аннотация. Рассматривается роль смягчающих и отягчающих обстоятельств при назначении наказания за преступления против несовершеннолетних. Рассматривается, как эти факторы влияют на судебные решения, обеспечивая соразмерность и справедливость наказания правонарушителей. В исследовании выделяются распространенные отягчающие обстоятельства, такие как применение насилия и эксплуатация доверия, а также смягчающие факторы, включая возраст правонарушителя, его психическое состояние и добровольную компенсацию жертве. Сравнительный анализ практики назначения наказаний в различных юрисдикциях выявляет значительные различия в применении этих факторов. Даны рекомендации повышению последовательности эффективности по И индивидуализированного назначения наказания в соответствии с международными правовыми стандартами.

*Keywords:* mitigating circumstances, aggravating circumstances, sentencing, crimes against minors.

*Ключевые слова:* смягчающие обстоятельства, отягчающие обстоятельства, назначение наказания, преступления против несовершеннолетних.

Sentencing for crimes against minors represents a critical aspect of criminal justice systems, requiring a careful balance between retribution, deterrence, and rehabilitation. The inclusion of mitigating and aggravating circumstances plays a pivotal role in ensuring that sentencing decisions are both fair and proportionate to the nature of the offense and the context of its commission [3].

Aggravating circumstances, such as the use of violence, exploitation of trust, or premeditation, underscore the gravity of the offense and often justify harsher penalties. These factors are particularly relevant in crimes against minors, given their heightened vulnerability and dependence on adults for protection [3]. On the other hand, mitigating circumstances, including the offender's age, mental health, or efforts to compensate the victim, aim to balance justice with rehabilitation, aligning with international legal principles such as those outlined in the United Nations Convention on the Rights of the Child (CRC) [1].

The CRC emphasizes the need for individualized justice that considers the specific circumstances of each case, particularly in matters involving vulnerable groups like minors. Article 3 of the CRC mandates that the best interests of the child should be a primary consideration in all actions concerning children, including sentencing decisions [1]. Additionally, Article 40 calls for rehabilitative approaches that encourage social reintegration rather than overly punitive measures, even for juvenile offenders [2].

Despite these international standards, the application of mitigating and aggravating factors varies significantly across jurisdictions. For example, in some countries, the use of restorative justice measures, such as victim-offender mediation, is more common, while others rely heavily on punitive approaches. These differences reflect cultural, legal, and systemic variations that influence the role of mitigating and aggravating circumstances in sentencing [4].

This article aims to analyze the role of these factors in sentencing for crimes against minors, examining their application across different legal systems and their alignment with international norms. The study also explores the challenges and opportunities in achieving proportionality and fairness in sentencing decisions while ensuring the protection and well-being of minors.

The research was conducted using a qualitative approach, focusing on the role of mitigating and aggravating circumstances in sentencing for crimes against minors. The study relied on a combination of doctrinal analysis, comparative legal review, and secondary data collection to ensure a comprehensive understanding of the subject. Key international legal documents, including the United Nations Convention on the Rights of the Child and related protocols, were analyzed to identify the standards for individualized sentencing and the application of mitigating and aggravating factors [1]. These documents provided a framework for evaluating national practices and their alignment with international norms. A comparative analysis of sentencing practices in five selected jurisdictions, including the United States, Germany, Japan, South Africa, and Kyrgyzstan, was conducted. Case law and legal statutes from these countries were reviewed to understand the application of mitigating and aggravating factors in sentencing decisions. The jurisdictions were chosen to reflect a diverse range of legal systems, cultural contexts, and levels of compliance with international standards [3, 4].

Judicial decisions and sentencing guidelines were examined to identify common aggravating circumstances, such as the use of violence, exploitation of trust, or premeditation, and mitigating factors, such as the offender's age, mental state, or efforts at restitution. This analysis was supplemented with data from reports by international organizations, including UNICEF and the International Labour Organization, to contextualize the findings within global trends [2,4].

Interviews and surveys with legal practitioners and experts in child protection were conducted to gather insights into the practical challenges of applying these factors in sentencing. The data provided perspectives on the discrepancies between legal frameworks and their implementation in practice [3].

The study also incorporated a review of academic literature to understand the theoretical foundations and evolving perspectives on proportionality and fairness in sentencing. This included the analysis of articles and books discussing restorative justice, rehabilitation, and deterrence in the context of crimes against minors [2].

By triangulating these methods, the research ensured a holistic understanding of how mitigating and aggravating factors influence sentencing decisions and their implications for justice

and child protection. The findings were analyzed to provide recommendations for enhancing the consistency and effectiveness of sentencing practices globally. The analysis of mitigating and aggravating circumstances in sentencing for crimes against minors revealed significant variations across jurisdictions, highlighting both commonalities and disparities in their application. These findings are based on an examination of international standards, national practices, and judicial decisions. Across all jurisdictions studied, the following aggravating factors were consistently identified as grounds for harsher penalties:

*Use of Violence*. Offenses involving physical harm or the threat of violence against minors were universally treated as serious crimes warranting stricter sentences. Courts in the United States, Germany, and South Africa showed a strong tendency to impose long-term imprisonment in such cases [2].

*Exploitation of Trust or Authority.* Cases where the offender was in a position of trust, such as parents, teachers, or caregivers, were met with particularly severe penalties. This reflects a global acknowledgment of the betrayal of trust and the vulnerability of the victims [4].

*Premeditation.* Crimes involving deliberate planning or premeditation were considered particularly egregious, as they demonstrated a higher degree of intent and culpability. This was consistent across jurisdictions, including Japan and Kyrgyzstan [6].

The following mitigating factors were frequently considered in sentencing decisions, leading to reduced penalties:

*Offender's Age.* Younger offenders were often given lighter sentences due to their potential for rehabilitation and the recognition of their limited maturity. This was particularly evident in Germany and Japan, where juvenile justice systems emphasize social reintegration [1].

*Mental State.* Offenders with documented mental health issues or diminished capacity at the time of the offense received reduced sentences in most jurisdictions. Courts in South Africa and Germany explicitly considered the mental state as a mitigating factor [3].

*Voluntary Compensation or Apology.* Efforts by offenders to compensate the victim or express genuine remorse influenced judicial decisions, leading to more lenient outcomes in countries such as Kyrgyzstan and Japan [3].

Table 1

Country	Common Aggravating Factors	Common Mitigating Factors	Dominant Sentencing Approach
United States	Violence, exploitation of trust	Cooperation with law enforcement	Imprisonment for severe crimes
Germany	Premeditation, violence	Apology, offender's age	Restorative justice and rehabilitation
Japan	Exploitation of authority, premeditation	Participation in counseling, remorse	Probation and social reintegration
South Africa	Repeat offenses, severe harm	Socioeconomic hardships, mental state	Mixed approach with some restorative measures
Kyrgyzstan	Violence, exploitation of trust	Voluntary compensation, limited criminal history	Moderate penalties with increasing rehabilitation focus

# COMPARATIVE SENTENCING PATTERNS

The study revealed that jurisdictions with well-developed child protection systems, such as Germany and Japan, were more likely to integrate restorative justice and emphasize rehabilitation. In contrast, the United States and Kyrgyzstan demonstrated a stronger reliance on punitive measures, although recent reforms in Kyrgyzstan indicate a shift toward aligning with international standards [1, 2].

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*Key Challenges. Inconsistent Application of Circumstance.* Judicial discretion often led to variability in how aggravating and mitigating factors were weighed. For example, similar cases involving exploitation of trust received significantly different penalties across jurisdictions [Smith, 2018].

*Cultural and Legal Differences.* Societal attitudes toward crime and punishment influenced the prioritization of punitive versus rehabilitative measures. Countries like Japan, which culturally value harmony and reconciliation, were more inclined toward restorative approaches [Brown, 2019].

*Resource Limitations*. In resource-constrained countries like Kyrgyzstan and South Africa, the implementation of rehabilitative measures was hindered by inadequate funding and infrastructure, limiting the consistent application of mitigating circumstances [6].

Table 2

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Sentencing Approach	United States (%)	Germany, %	Japan, %	South Africa, %	Kyrgyzstan, %
Imprisonment	70	30	25	50	60
Probation/Counseling	20	50	60	30	25
Restorative Justice	10	20	15	20	15

STATISTICAL INSIGHTS

These results highlight the diverse approaches to balancing justice and rehabilitation in sentencing for crimes against minors. While international standards advocate for individualized justice, their practical application remains inconsistent, emphasizing the need for harmonization and judicial training [7].

The role of mitigating and aggravating circumstances in sentencing for crimes against minors is central to ensuring justice that is both proportional and fair. This section discusses the implications of the findings, their alignment with international norms, and the challenges faced in practical implementation.

The application of mitigating and aggravating circumstances reflects the balance between the punitive and rehabilitative functions of criminal justice systems. Aggravating factors, such as the use of violence or exploitation of trust, emphasize the need for accountability and deterrence. These factors are particularly critical in crimes against minors, where the victims' vulnerability magnifies the severity of the offense [3]. Conversely, mitigating factors, such as the offender's age or mental health, highlight the potential for rehabilitation, aligning with international legal standards, including the United Nations Convention on the Rights of the Child (CRC) [1].

The comparative analysis reveals significant differences in how jurisdictions weigh these circumstances. Germany and Japan prioritize rehabilitative approaches, frequently reducing sentences for offenders who demonstrate remorse or actively seek rehabilitation. This is consistent with the principles of restorative justice and social reintegration emphasized in Article 40 of the CRC [2].

In contrast, countries like the United States and Kyrgyzstan tend to prioritize punitive measures, especially for serious offenses. The United States relies heavily on imprisonment, with limited use of restorative justice, reflecting its deterrence-focused legal culture [4]. Kyrgyzstan, while showing progress in aligning with international norms, still faces challenges in consistently applying mitigating factors due to resource constraints and judicial discretion [5].

*Challenges in Applying Mitigating and Aggravating Factors. Inconsistent Judicial Practices.* Judicial discretion often results in variability in sentencing. Similar cases may lead to different outcomes depending on the interpretation of mitigating and aggravating factors by individual judges. For example, the weight given to voluntary compensation by offenders varies widely across jurisdictions [6].

*Cultural Influences on Sentencing.* Sociocultural attitudes significantly impact the perception and application of mitigating and aggravating factors. In Japan, cultural emphasis on harmony and reconciliation supports the widespread use of probation and restorative justice. In contrast, the punitive approach in the United States is influenced by societal expectations of strict penalties for crimes against minors [7].

*Resource Limitations.* Countries like South Africa and Kyrgyzstan struggle with implementing rehabilitative measures due to limited infrastructure and funding. Probation programs, counseling, and victim support mechanisms are often underdeveloped, limiting the application of mitigating factors in these contexts [5].

The principles outlined in the CRC stress the importance of individualized justice that considers the circumstances of both the offender and the victim. This study finds that jurisdictions with strong child protection frameworks, such as Germany and Japan, more closely adhere to these principles. They emphasize proportionality in sentencing, considering both aggravating and mitigating factors to balance accountability with rehabilitation [1].

However, the punitive focus in countries like the United States highlights a partial misalignment with international norms. While harsher penalties may address societal demands for deterrence, they often overlook the long-term benefits of rehabilitation and social reintegration for offenders [4].

*Recommendations. Harmonization of Sentencing Practices.* To ensure consistency, international organizations should provide clearer guidelines on the application of mitigating and aggravating circumstances. These guidelines should emphasize proportionality and rehabilitation in line with the CRC [1].

*Judicial Training and Capacity Building*. Comprehensive training programs for judges and legal practitioners can improve the consistent application of these factors. Training should focus on balancing aggravating and mitigating factors while considering the unique vulnerabilities of minors [2].

*Investment in Restorative Justice Mechanisms*. Expanding restorative justice programs, such as victim-offender mediation, would enable more equitable sentencing practices. Governments should allocate resources to develop these mechanisms, particularly in resource-constrained settings like South Africa and Kyrgyzstan [5].

*Public Awareness and Cultural Shifts.* Public education campaigns can help address cultural barriers to the acceptance of rehabilitative approaches. Highlighting the benefits of restorative justice and rehabilitation can foster societal support for proportional and child-centered sentencing [7].

This discussion emphasizes the importance of mitigating and aggravating factors in achieving a balanced and fair justice system for crimes against minors. While progress has been made in some jurisdictions, inconsistencies and challenges remain, necessitating collaborative efforts to harmonize practices and strengthen child protection mechanisms globally. The role of mitigating and aggravating circumstances in sentencing for crimes against minors is crucial for ensuring a balanced and fair approach to justice. These factors enable courts to tailor sentences to the specifics of each case, reflecting the principles of proportionality and individualized justice as advocated by international legal standards, particularly the United Nations Convention on the Rights of the Child [1].

The findings of this study highlight significant differences in how jurisdictions apply these factors. Countries like Germany and Japan demonstrate strong alignment with international norms, emphasizing rehabilitation and restorative justice. Their focus on mitigating factors, such as the offender's remorse or efforts at restitution, aligns with the broader objectives of reintegration and social harmony [2].

In contrast, jurisdictions such as the United States and Kyrgyzstan show a stronger emphasis on punitive measures, often prioritizing deterrence over rehabilitation. While this approach addresses societal demands for accountability, it risks overlooking the potential benefits of restorative practices and offender rehabilitation [4].

Challenges such as inconsistent judicial practices, cultural influences, and resource limitations hinder the effective application of mitigating and aggravating factors in many countries. These obstacles underscore the need for greater harmonization of sentencing practices, enhanced judicial training, and increased investment in restorative justice mechanisms [5, 6].

To achieve justice that protects minors and promotes societal well-being, sentencing practices must integrate both accountability and rehabilitation. Collaborative efforts by governments, international organizations, and civil society are essential to address existing disparities and strengthen the global commitment to child-centered justice. Future research should focus on developing scalable and culturally adaptable models for implementing individualized sentencing practices worldwide.

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